### **Community Capacity Building & Engagement Theme**

**Description of the hexagon and its outcomes** - In these challenging times with reducing budgets available to public services and greater demands and expectations on our services, it is vital that we build and strengthen our relationships with our communities. They need to help us to understand what works best for them, to be at the forefront of service design and to help us to reduce demand, and prevent more costly interventions arising in the future. This Theme forms part of the overarching strategic themes that all our communities are thriving, growing, healthy, active and self-sufficient.

	1st April - June 2016	1st July - 30th September 2016	1st October - 31st December 2016	1st January - 30th March 2017								
Main Achievements	joint Babergh and Mid Suffolk Community Achievement Awards were celebrated at the Wherstead Park Awards Ceremony recognising volunteering	1. In partnership with SCC supported 'Being Well in the Wild' Projects such as the 'Fab 40 Adventures' Campaign.  2. The Great Run Local at Needham Lake is now the most successful event of its type in the UK.	we have supported new opportunities for	1. The Communities Team supported the Stonham Aspall Village Hall to secure £100,000 from Viridor Landfill.  2. Public Realm Transformation work reached a significant milestone with the commissioning and commencements of options appraisal work.  3. 'Let's Walk Stowmarket' mini walking festival taking place from the 6th March - 28th April. This is aimed at those who are currently inactive but open to all and is a collaboration between Mid Suffolk District Council and Everyone Active (Mid Suffolk Leisure Centre)								
Impact on communities the way we work	Building community capacity, enabling external funding, effective partnership working to support the voluntary and community sector, enabling healthier, more active and safer communities and promoting and encouraging volunteering. We have a statutory responsibility within the Communities Team to undertake a range of duties in the Community Safety arena, including the 3 yearly Audit for the Section 11 & annual returns, to ensure the safety of our communities.											

### JSP: Community volunteers are skilled and able

\*Promoting and developing volunteering capacity within the districts

\*Working with a wide range of partners to enable people to become involved as volunteers

\* Ensuring our volunteering commitment is open to people of all ages and all abilities

Tracking Indicator	Linked to	2016/17 Q1 Q2 Q3	Q4	Target	Trend	Council	Comment / How does this compare to the Suffolk-wide/National picture?	Why is this indicator important?
T1.% of volunteering by our staff and members (based upon those responding to an <b>annual survey</b> (Autumn 2016). Survey to be repeated, date tbc.	11, 12	53%			N/A		responded (18.5%) 63 volunteer, 53% of respondents (Sept 2016). We are seeking to maximise the upward trend for BMS.	Repeating the survey in Autumn 2017 will enable improvement to be assessed.  Volunteering is vital to our communities and is directly linked to improved health & wellbeing and engaging employers is key. The launch of the new Volunteer Suffolk website will enable us to have a much better understanding of volunteering across our county and the numbers and activity across our districts in comparison to others. We can then map the 'gaps' and relate our activity directly to meet these needs.
T2. The number of volunteers and volunteer hours utilised by revenue funded organisations (annual figures)		13,069 volunteers achiev 151,306 volunteer hours	_		N/A			Maximising the number of volunteers benefits both our organisations and the individual volunteers, we therefore hope to see an upward trend. The 16/17 figures include 30,000 hours from Suffolk Museums Service but still suggest an upward trend.

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T3. Nos of volunteering vacancies advertised and taken up in the districts as on the Volunteer Suffolk website. New measure, data available from June 2017.							Building thriving volunteer districts		From May 2017 the new Volunteer Suffolk website will be able to provide data on the number of vacancies advertised and taken up in the districts.	This is a key area of development to map the impact of our volunteers across Babergh and Mid Suffolk and the measure across the other districts and boroughs.
Influencing Indicator	Linked to	Q1	Q2	2016, Q3	/17 Q4	Target	Trend	Council	Comment / How does this compare to the Suffolk-wide/National picture?	Why is this indicator important?
I1.No. of Volunteering Information Drop in sessions held	T1 T2 T3	0	0	2	0	2	2.5 2 1.5 1 0.5 0 Q1 Q2 Q3 Q4	Both	The focus for future sessions is public facing, sessions planned for Mid Suffolk in July	Building communities which encourage and enable people to volunteer is vital for future sustainability of community activity and assets. We need to develop and build volunteering capacity and showcase the value added to our communities and the impact for people volunteering.
I2.No. of Case Study Stories in Working Together (reflecting the current investment being made by staff and Councillors volunteering across Suffolk	T1 T2 T3	3	4	6	6		7 6 5 4 3 2 1 0 Q1 Q2 Q3 Q4	Both		This is a new and emerging area of work for us and over the next 12 months we will build a picture of volunteering across Babergh and Mid Suffolk and compare this with our neighbouring district and borough partners. We can develop mechanisms for encouraging and enabling volunteering and map the gaps in the range of people directly volunteering in our communities.

#### JSP: Continued support for Health and Wellbeing outcomes that prevent interventions

\*Ensuring prevention and early intervention principles are embedded within service planning, commissioning and delivery

\*Making mental health our business by supporting mentally healthy communities

\*Place based working including playing our part in locality based public service integration (e.g. Connect, INTs and Community Resilience)

Tracking Indicator	Linked to	2016/17 Q1 Q2 Q3 Q4					Target	Trend	Council	Comment / How does this compare to the Suffolk-wide/National picture?	Why is this indicator important?
T1.Adult Sport and Physical Activity Levels measured in moderate intensity equivalent (MIE) minutes: % of INACTIVE adults (less than 30 minutes per week)	14	21.6						N/A		Suffolk figure is 22.7% England figure is 22.0% A lower percentage is better	These indicators are taken from the new Active Lives Survey (Sport England) and provide a key benchmark for comparing activity levels across Local Authority areas in England. Next data release will be in September 2017. These outturns are baselines so no data available on trends yet. Next data release will be in
T2. Adult Sport and Physical Activity Levels measured in moderate intensity equivalent (MIE) minutes: % of ACTIVE adults (more than 150 minutes per week)	14	64.5	64.5					N/A		Suffolk figure is 62.1% England figure is 65.4% A higher percentage is better	September 2017. Given the confidence intervals Mid Suffolk is not statistically different when compared to the rest of Suffolk and England on any of these measures.
T3.% of Adults (aged 16+) who have taken part in sport and physical activity at least in the last 28 days	I1, I3, I4	81.5						N/A		Suffolk figure is 76.7% England figure is 77.2% A higher percentage is better	
T4.Life satisfaction indicator [Question: Overall, how satisfied are you with your life nowadays? Where 0 is 'not at all satisfied' and 10 is 'completely satisfied']		7.84						N/A		Suffolk figure is 7.68 England figure is 7.64 (out of 10). A higher number out of 10 is better	These indicators are derived from the headline estimates of personal well-being from the Annual Population Survey (APS): by counties, local and unitary authorities, April 2015 to March 2016. Data for the current financial year is not yet available.
T5.Happiness Indicator [Question: Overall, how happy did you feel yesterday? Where 0 is 'not at all happy' and 10 is 'completely happy']	13	7.87						N/A		Suffolk figure is 7.56 England figure is 7.47 (out of 10). A higher number out of 10 is better	Given the confidence intervals Mid Suffolk is not statistically different when compared to the rest of Suffolk and England on any of these measures.

T6. Anxiety Indicator [Question: Overall, how anxious did you feel yesterday? Where 0 is 'not at all anxious' and 10 is 'completely anxious']	13	2.71					N/A		MSDC	Suffolk figure is 2.81 England figure is 2.87. A lower number out of 10 is better	
Influencing Indicator	Linked to	Q1	Q2	2016/ Q3	/17 Q4	Target		Trend	Council	Comment / How does this compare to the Suffolk-wide/National picture?	Why is this indicator important?
I1.No. of Fit Villages projects established in the Babergh areas.	T2, T3	14					N/A			community after being awarded the Social & Community Development Project of the Year at The County Sports Partnership Network (CSPN) Convention. The number of active projects is currently at its highest level since the	Starting out as a means of overcoming rural transport issues and barriers to activity; Fit Villages has evolved and developed into the highly successful and much sought after flagship rural project it is today, impacting individuals and communities far beyond their physical wellbeing. The range of activities now available (includes Tai Chi, Yoga, Pilates, Dance, Zumba, Running Club, Nordic Walking, Bowls) ensures there is something for everyone to improve their activity levels as well as addressing other outcomes such as reducing social isolation and loneliness
I3.Great Run Local Needham Lake event, total number of runs completed.		1791	1740	1754	1650		1850 1800 1750 1700 1650 1600			Total number of 5km and 2km runs completed = 6935 ( 2016/2017). Annual data shows consistently high level of participation – highest in England for an event of this type. There is some quarterly variation due to seasonal factors and the numbers of runs in any given quarter.	The Needham Lake Great Run Local was established with the help of Sue Calver in the Health and Wellbeing team and has attracted hundreds of regular runners since its launch last year. Open to all abilities, the event prides itself on getting new-starters into running by walking or jogging the 2km course, and gradually moving up to a 5km run. It is now one of the most successful events of its type in the UK. By working in partnership with others there is now a portfolio of projects running across the districts including Park Run, Great Run Local, Year of Walking and 'Fit Villages' which is helping sport and activity reach our more rural locations.

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I4. A Leisure, Sport and	The proposed KPIs will be essential to
Physical Activity Strategy is	understand the impact we are making against
in development, draft	the strategic priorities in the draft Leisure,
published on 17 March	Sport and Physical Activity strategy.
2017. This work includes the	Establishing <b>baselines</b> will be essential before
identification of possible	setting targets for improvement in the new
performance measures for	strategy.
consideration by Members.	

### JSP: Targeted grants and funding to support community capacity building

\* We will actively engage with a broad range of external funders to enable capital investment within our communities

\* We will help the voluntary and community sector grow their skills, capacity and resources to take on more responsibility for assets and services

\* Our grants will add value for our communities by supporting sustainability and capacity building and act as a springboard for drawing in external funding

\* Building safe communities through our activities and ensuring the vulnerability of communities is supported

Tracking Indicator	Linked to	2016/17					Trend	0	Comment / How does this compare to the Suffolk-	Why is this indicator important?
<b>3</b>	d to	Q1	Q2	Q3	Q4	Target		ncil	wide/National picture?	,
T1.Capital funds provided by the districts to the voluntary and community sector as a % of their overall income (annual)	11,12	15%					N/A		Total Project Value: £1,067,258 Equates to 15%	We are encouraging organisations to identify alternative funding sources as our own resources decrease, and to maximise the leverage that our funding can achieve.
T2.Awards for All funding (£200-£10,000) awarded to Mid Suffolk organisations (annual)	11,12						N/A	MSDC		Awards for All is a Big Lottery administered fund suitable for many community projects.
T3.Delivery of safeguarding training to all Staff and Councillors, Nos of attendees.		119					N/A	Both	Safeguarding Training to all Staff and Councillors across both Councils to ensure the safety and support the vulnerability of our communities. In 16/17 we carried our 5 Adult Safeguarding sessions for 50 attendees and 8 Child Safeguarding sessions for 69 attendees.	Increasing national media coverage on safeguarding issues, current and historical, highlights the importance to our communities of ensuring their safety and support. Building a picture of numbers of courses and numbers training over the next 12 month period to compare with the previous 12 months. Annual Safeguarding Audit undertaken and 3 year Section 11 Review are our statutory responsibility.

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	2016/17														
Influencing Indicator	Linked	Q1	Q2	2016, Q3	/17 Q4	Target	Trend	Council	Comment / How does this compare to the Suffolk-	Why is this indicator important?					
I1. Number of Funding Events undertaken by the Communities Team	T1, T2	1		1			N/A	Both	in April 2016, and also in Metfield in	Maximise and actively enable greater awareness and value in sourcing and securing external funding opportunities. We understand the importance of making external funding opportunities work for our districts and communities. We have a vital role in breaking down the barriers to applying for funding by making events and support available to build confidence and skills in this area.					
I2. No. of meeting contacts with organisations and groups by the Communities team (excludes meeting with statutory partners)	T1, T2			342	365		370 360 350 340 330	Both	The 3rd quarter figure provides a quarterly baseline.	This is a basic measure, meetings cover a range of topics relevant to enabling community resilience. It helps to demonstrates the extent of engagement achieved by the team and trend mapping will be helpful alongside other indicators.					